



## St. Francis Xavier's Confirmation Program

**Confirmation is not a graduation from religious education**—it is the beginning of a deeper, more mature life in Christ.

In this sacrament, your son or daughter will be sealed with the gifts of the Holy Spirit, strengthened to live out their Catholic faith boldly and with purpose. It is a sacred moment of grace—but that grace is meant to grow, not remain dormant. The strength they receive in Confirmation only takes root when it is nourished by prayer, active participation in the life of the Church, and, most importantly, regular attendance at Sunday Mass.

At this stage in life, your teen is forming their identity and making decisions that will shape their future. You remain the most powerful influence in their lives. Your example—whether you pray with them, attend Mass with them, and speak openly about your faith—teaches them more than any textbook or class ever could.

Confirmation preparation is not just about fulfilling requirements. It's about helping your teen discover that faith is not something we "check off," but something we live—with conviction, love, and trust in God. When families attend Mass together and make faith a lived reality, it gives teenagers the clarity, confidence, and community they need to follow Christ in a world that often pulls them in other directions.

Thank you for walking this journey with us. Together, we can help our young people discover the strength, joy, and beauty of a life rooted in faith.

### Program Requirements:

- All 9th-grade students, whether attending public or Catholic school, who are preparing to receive the Sacrament of Confirmation **must attend all Religious Education classes**.
- In addition to attending all Religious Education classes, Confirmation students are expected to attend the **St. Francis Youth Group meeting each month**. These meetings are an important part of our Confirmation preparation and provide students with an opportunity to grow in faith and build community with their peers. Meetings will take place at St. Francis school and the dates will be communicated well in advance.

### Parent Involvement:

- Please make sure your child attends Mass every week
- **Parent Participation - Optional but Encouraged:**

Parents are not required to attend, but are always welcome and encouraged to participate in:

- The monthly Family of Faith parent sessions (held during the first class of each month in the school gym)

**\*\*Please see the calendar below for all required classes/meetings.**



**St. Francis Xavier Sacramental Preparation: Confirmation**

**Confirmation Class Dates**

All Confirmation classes will be held on Sunday mornings from 9:15 to 10:15 in the Church basement.

**October 2026**

- October 4
- October 18

**November 2026**

- November 1
- November 15

**December 2026**

- December 6
- December 20

**January 2027**

- January 9 - Regional Confirmation Retreat at St. John Neumann in East Freetown
- January 24

**February 2027**

- February 7
- February 28

**March 2027**

- March 7
- March 21

**April 2027**

- April 4
- April 25

**May 2027**

- May 2
- May 16

**St. Francis Youth Group Dates**

**Youth group meetings will take place at St. Francis School from 6:30 to 8:30pm.**

- September 27, 2026
- October 25, 2026
- November 22, 2026

**\*\*There will be no youth group meeting in December and future dates are to be determined.\*\***